



# Ontario Cup #2

## Team Captains' Meeting

January 14, 2017



# Introductions

- Chief of Competition – Shawn Sinclair
- TD – Rod Somppi
- Competition Secretary – Debra Friendly
- Assistant Chief of Comp. – Alan White
- Chief of Course – Richard Lay
- Chief of Grooming – Chance Dionne
- Chief of Stadium – Bruce Green
- Chief of Timing – Susie Saunderson / Richard Lemoine
- Chief of Starts – Bud Christensen
- Chief of Finish - Frances Norlen

# Welcome

- Confirmation lists are being circulated, we need to have them finalized shortly after the conclusion of the meeting.
- Draw will be done immediately after this meeting and will be posted on Zone4

# Jury

- TD – Rod Somppi (chair)
- Chief of Comp – Shawn Sinclair
- Coach – Katja Mathys

# Weather Report

- Wiarton – may be more reliable – Collingwood no longer has a weather station – it is in Barrie.
  - Wiarton [http://www.weatheroffice.gc.ca/city/pages/on-130\\_metric\\_e.html](http://www.weatheroffice.gc.ca/city/pages/on-130_metric_e.html)
  - Collingwood [http://www.weatheroffice.gc.ca/city/pages/on-150\\_metric\\_e.html](http://www.weatheroffice.gc.ca/city/pages/on-150_metric_e.html)
  - Radar [http://www.weatheroffice.gc.ca/radar/index\\_e.html?id=WKR](http://www.weatheroffice.gc.ca/radar/index_e.html?id=WKR)

Weather Network - Feversham

## Feversham Short Term Forecast

### Sat Evening

Partly cloudy



Feels like: -14

POP: 20%

Wind: 20 km/h W

Wind gust: 29 km/h

Humidity: 77%

### Sat Overnight

Partly cloudy



Feels like: -15

POP: 20%

Wind: 20 km/h W

Wind gust: 30 km/h

Humidity: 79%

### Sun Morning

A mix of sun and clouds



Feels like: -14

POP: 20%

Wind: 15 km/h NW

Wind gust: 24 km/h

Humidity: 79%

### Sun Afternoon

Mainly sunny



Feels like: -7

POP: 20%

Wind: 10 km/h SW

Wind gust: 15 km/h

Humidity: 73%

# Race Office & Bibs

- Hours: 7:30 – 16:00hrs
- Bib pickup: 7:45 hrs
- Please return DNS bibs and clothing bags
- Missing bibs are subject to a \$100 fee
- Coach bibs are not applicable for Sundays race
- Leaders bib

# Pursuit Start

- Start times are based on the finish times of today's racing
- 3 Start lanes with 10m of tracks after the start line, skier may use free technique at the **end** of the 10m tracks
- **It is the responsibility of the skier to leave on time**
- Skiers who leave before their published time will be assessed a time penalty



## Pursuit Start cont...

- Asst. Starter will advance the skier to Start line when they are next to leave and will remind skier of their start time. Starter will give the 'Go' command only.
- Wave start time will be determined by the Jury. Wave start will use all 3 lanes.
- Interval start race so skiers may use 'Track' and slower should give way

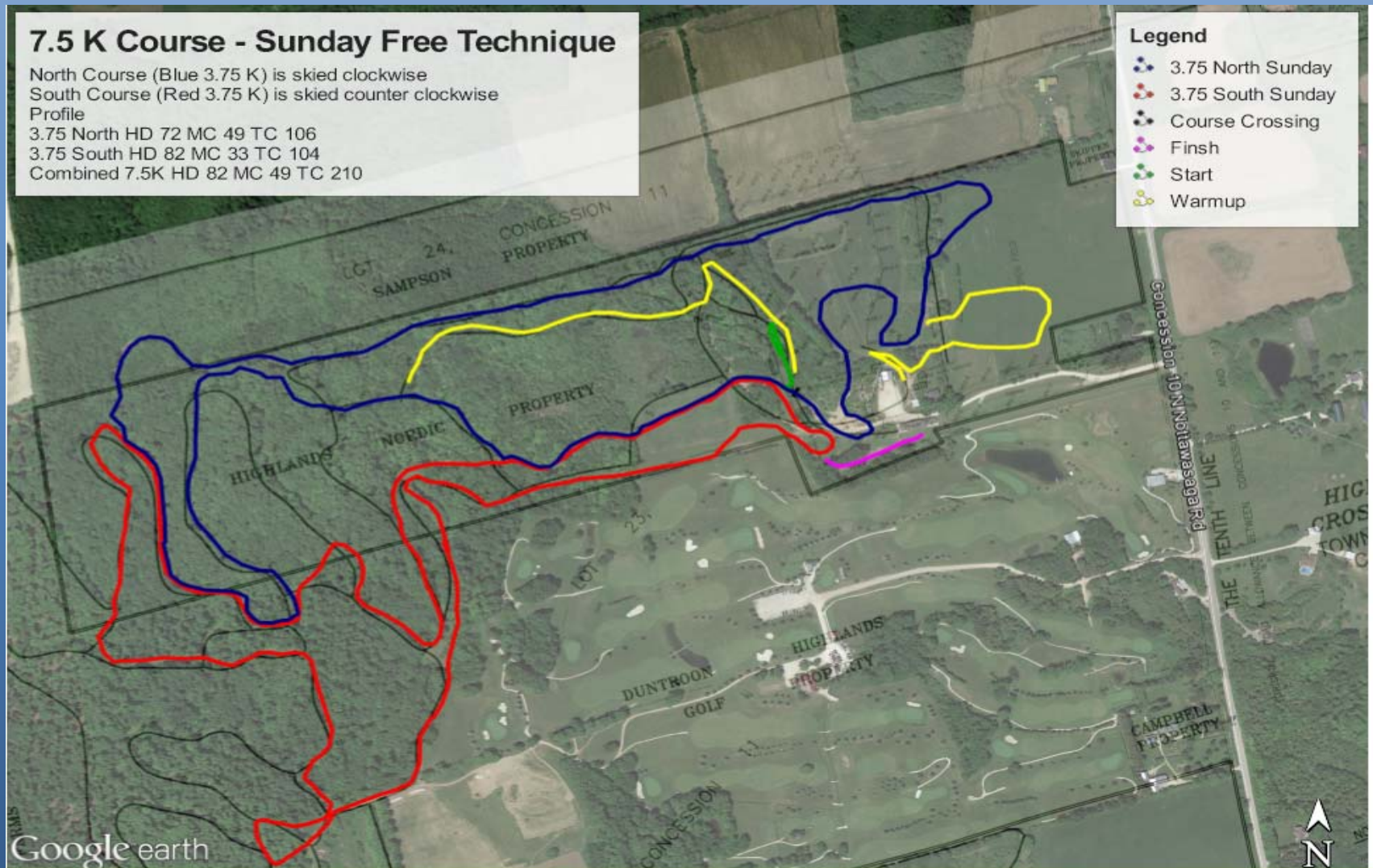
# Open Men

## 7.5 K Course - Sunday Free Technique

North Course (Blue 3.75 K) is skied clockwise  
South Course (Red 3.75 K) is skied counter clockwise  
Profile  
3.75 North HD 72 MC 49 TC 106  
3.75 South HD 82 MC 33 TC 104  
Combined 7.5K HD 82 MC 49 TC 210

### Legend

-  3.75 North Sunday
-  3.75 South Sunday
-  Course Crossing
-  Finish
-  Start
-  Warmup



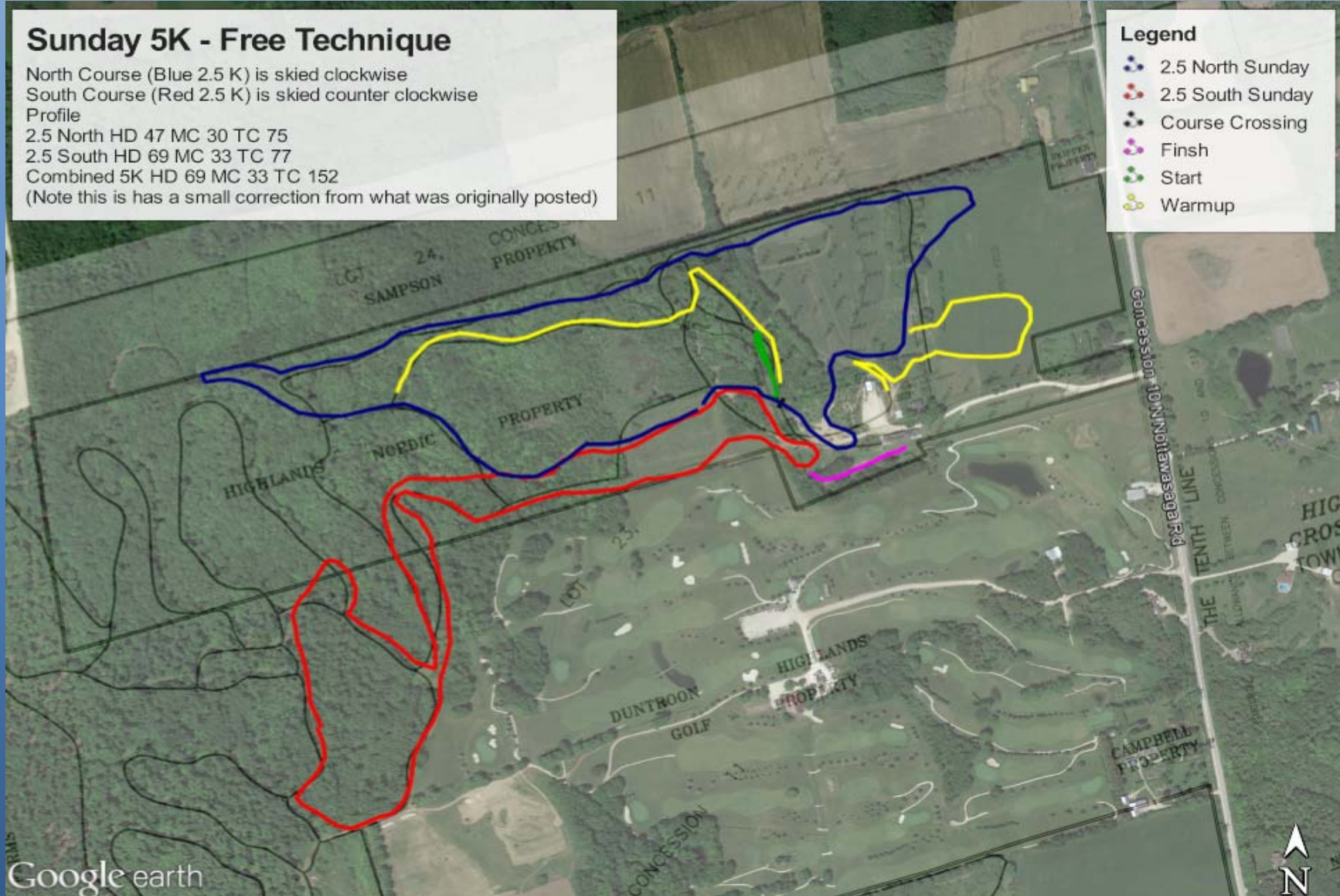
# Jr B, Juv B, PN Standing M, Open W

## Sunday 5K - Free Technique

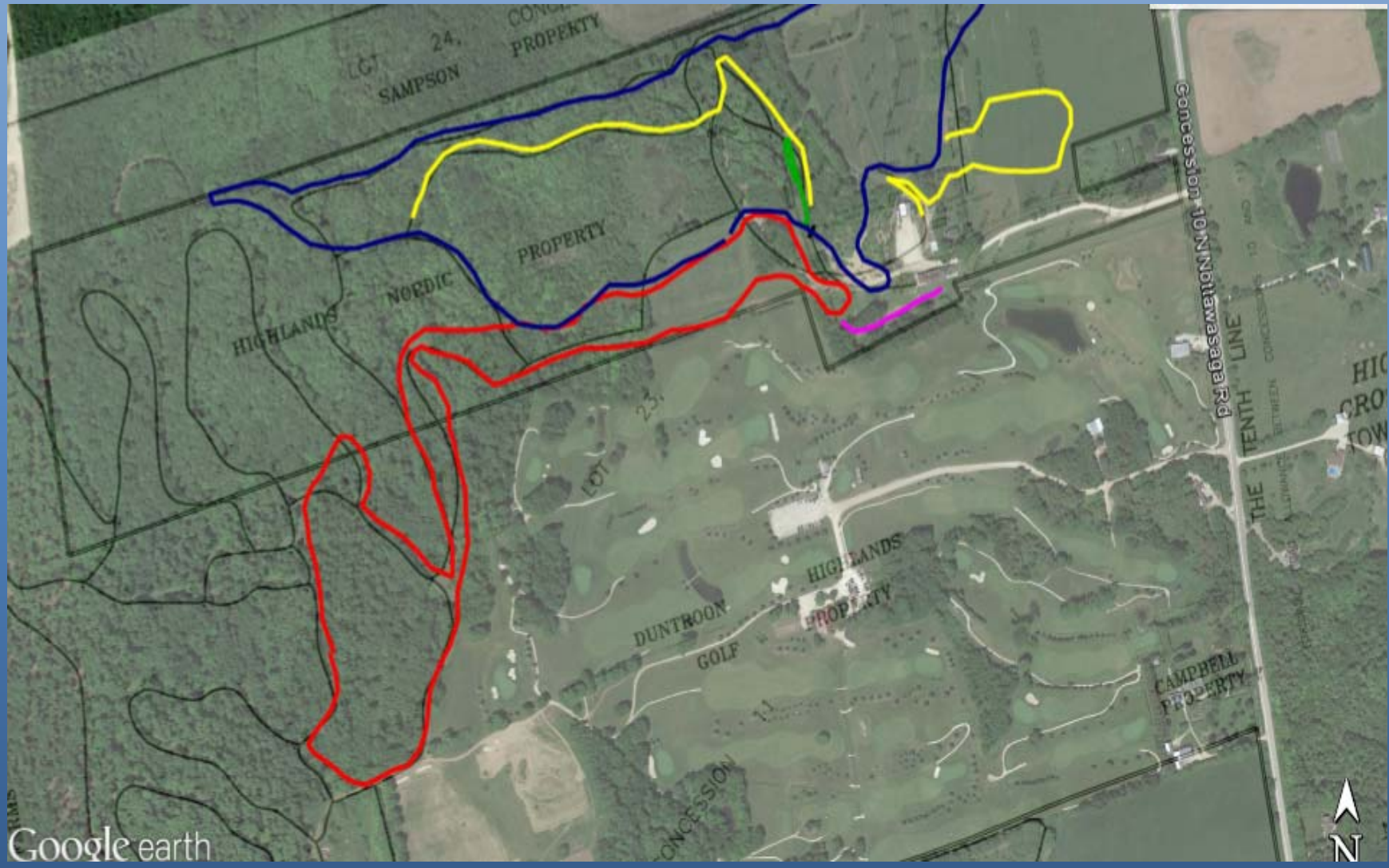
North Course (Blue 2.5 K) is skied clockwise  
South Course (Red 2.5 K) is skied counter clockwise  
Profile  
2.5 North HD 47 MC 30 TC 75  
2.5 South HD 69 MC 33 TC 77  
Combined 5K HD 69 MC 33 TC 152  
(Note this is has a small correction from what was originally posted)

## Legend

- 2.5 North Sunday
- 2.5 South Sunday
- Course Crossing
- Finish
- Start
- Warmup



# Jr G, Juv G



# Midget Course & PN SitSki

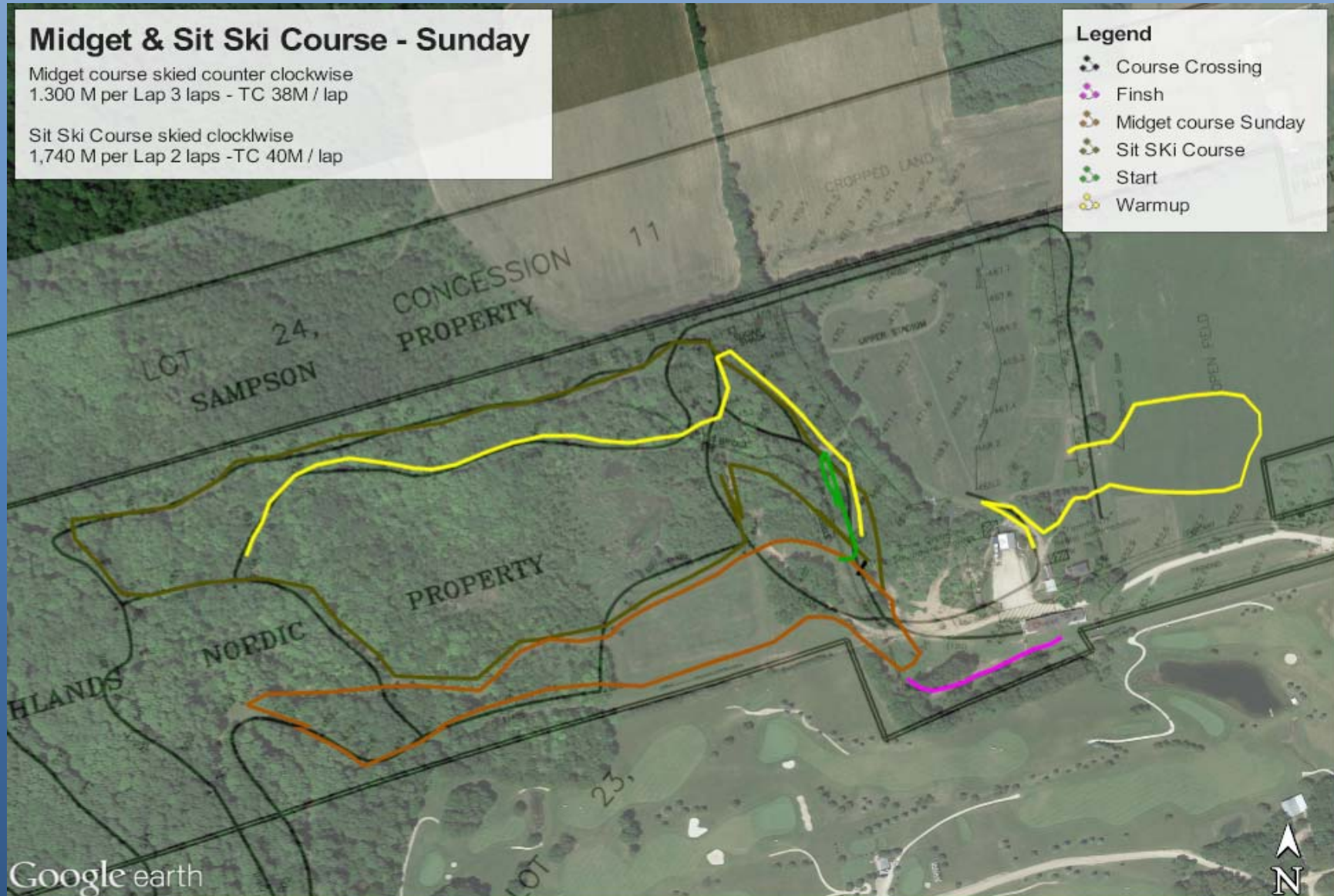
## Midget & Sit Ski Course - Sunday

Midget course skied counter clockwise  
1.300 M per Lap 3 laps - TC 38M / lap

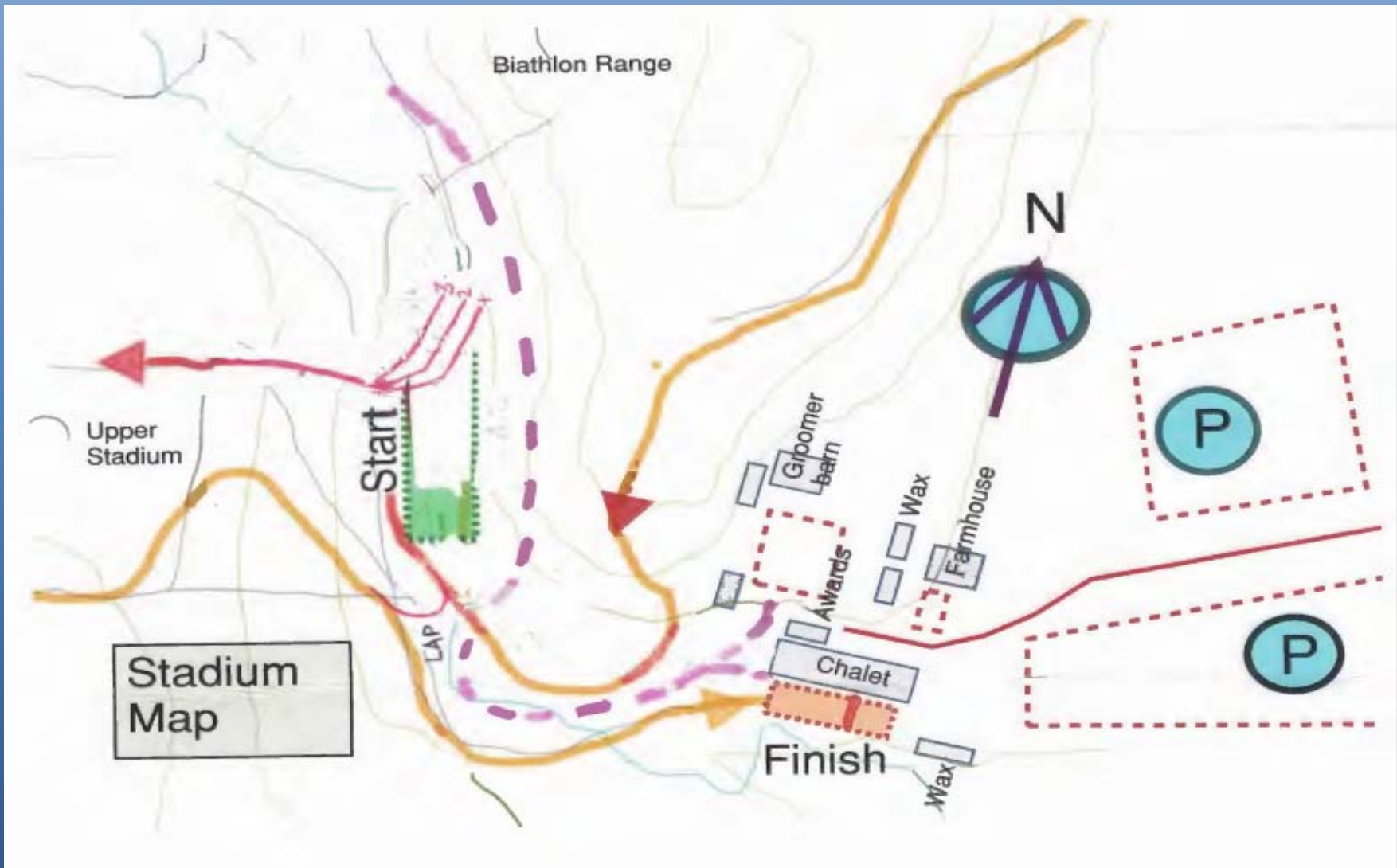
Sit Ski Course skied clockwise  
1,740 M per Lap 2 laps -TC 40M / lap

### Legend

- Course Crossing
- Finish
- Midget course Sunday
- Sit SKI Course
- Start
- Warmup



# Stadium



# Warm Up & Wax Areas

- Can use course up to 10 minutes before first starter. Once course is closed only racers are allowed.
- Warm up loop has two way traffic.
- Wax testing, please ski in a counter clockwise direction.

# Clothing

- Racers will be given a bag for their warm-ups at the start with their bib numbers on it.
- These bags will be transported to the finish area by the OC
- Please leave the clothing bags at the finish for re-use



## Start order

- 9:00 Midget B
- 9:20 Midget G
- 9:27 PN SitSki
- 9:52 Open M
- 10:02 Open W
- 10:30 Jr B
- 10:45 Juv B
- 11:25 Jr G
- 11:33 Juv G
- 11:40 PN Standing M



# TD Comments

# Awards

The combined results of both days determine the winners in each category.

Will take place within 20 min. of the conclusion of each category.

# Other

- Canadian Ski Patrol on site
- Inhalers, EPI pens and other medications are useless if they are in cars or the chalet. Coaches or parents should have them on their person in the stadium area
- Many people have nut allergies – please ask your athletes to minimize the exposure of others to any nut products they may bring onto the site